



The UMD Circle K

Chronicle

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UMDCKI walks for Celiac Disease

Club raises awareness for disease through participation in charity run/walk

BALTIMORE, May 6 –

The morning air was nippy as former Secretary, Kait Lapallo; Treasurer, Shanez Jenkins; and Editor, Chidinma Okparanta geared up for the 5-K event. However, by the two-mile mark, the trio was warmed up – soaking up the sun and the beautiful Inner Harbor scenery.

Sophomore dietetics major Kait Lapallo first introduced the club to this year's Celiac Walk at a weekly CKI general body meeting in late March.

"I first heard about Celiac Disease in my nutrition class during a lecture on childhood diseases of the metabolism," said Lapallo.

Celiac Disease is an autoimmune genetic disorder that results in damage to the small intestine when foods containing the protein gluten are digested, according to the National Library of Medicine.

Gluten – found in wheat – is present in almost all cereals, pastas and breads.

"I really just want to help raise awareness and money for the cause by participating in today's Walk," said Lapallo.

Although Celiac Disease affects 1 out of every 133 Americans, few people know about the illness or its origins. The goal of the annual Celiac Walk in Baltimore is to raise awareness and research money for the illness, and by attending, UMDCKI has done just that.

Jenkins and Lapallo hope that next year's Walk will attract more club members in support of the vital cause.

For more information on Celiac Disease, check out the following links:

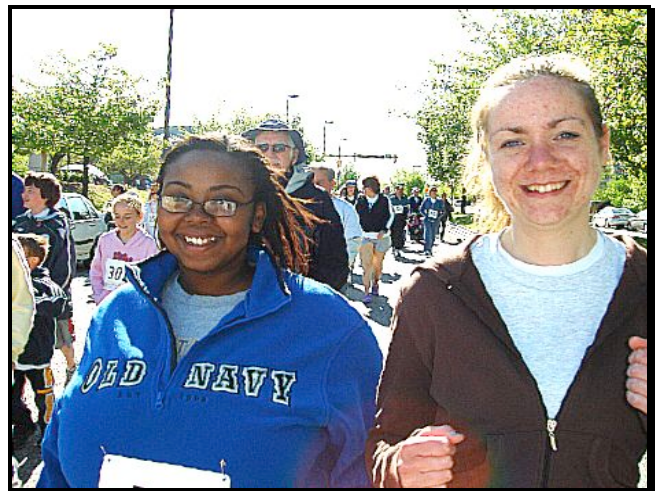
www.celiaccenter.org

www.celiac.org

www.csaceliacs.org

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» **Find crossword solutions in our next issue!**

Remembering D-CON

Looking back on a year filled with tremendous success and accomplishment

Charlottesville, VA –

For UMDCKI, this year's District Convention was a memorable one. The eleven total members that attended were evidence of the club's tremendous growth in just over one year.

New members described the atmosphere as "exciting" and "fun", but the real excitement came the next morning when the club's Kiwanis liaison/advisor Donna Landis received the *Distinguished Kiwanian* Award for her ongoing contributions to Circle K International. Landis described winning the award as "a shock" but for club members it was anything but a shock, and it was a well deserved honor.

The afternoon continued with various leadership and communication workshops as well as a ballroom dancing class, in which Sao-Mai, Kait and Jessica participated.

That evening at the dinner and awards ceremony, club members sat anxiously through the talent show in anticipation of the soon-to-be announced club awards. No one expected a win, so it was truly a surprise when



the University of Maryland was announced as most improved club for 2007. Club president Raakhee Sharma went up to accept the award on behalf of the club – whose shrieks of disbelief and joy could be heard from across the room. A truly defining moment for the club, it was evidence that hard work does indeed pay off. Officers hope that next year's District Convention – held in northern Virginia – will attract even more members, and perhaps more club awards. Based on this year's successes, next year looks very promising.

Paying Homage to V-Tech

UMDCKI sends message of hope to club of slain V-Tech student

College Park, MD –

On April 16, Virginia Tech University experienced the deadliest shooting rampage in U.S. history, and upon hearing this, UMDCKI club members and officers immediately thought of the V-Tech Circle K family.

At the executive meeting that evening, President Raakhee Sharma was relieved to inform the executive board that no one from the VTCKI had been severely hurt. Unfortunately, just hours later, Sharma sadly informed the club that Circle K member, Ryan Clark, had indeed lost his life.

Clark – an RA in Norris Hall – was caught in the crossfire of gunman Seung-Hui Cho's dispute with a female resident.

At the next general body meeting on April 23rd, Lieutenant Governor-elect Sao-Mai Nguyen provided the club with a large piece of poster paper – in V-Tech orange – on which UMDCKI members wrote messages of hope and condolence to the VTCKI club.

The Virginia Tech CKI club is one of the most active in the district, and they have always strived for excellence in service projects and district events. It is our hope that they will continue to do so, even in light of April's tragic events.

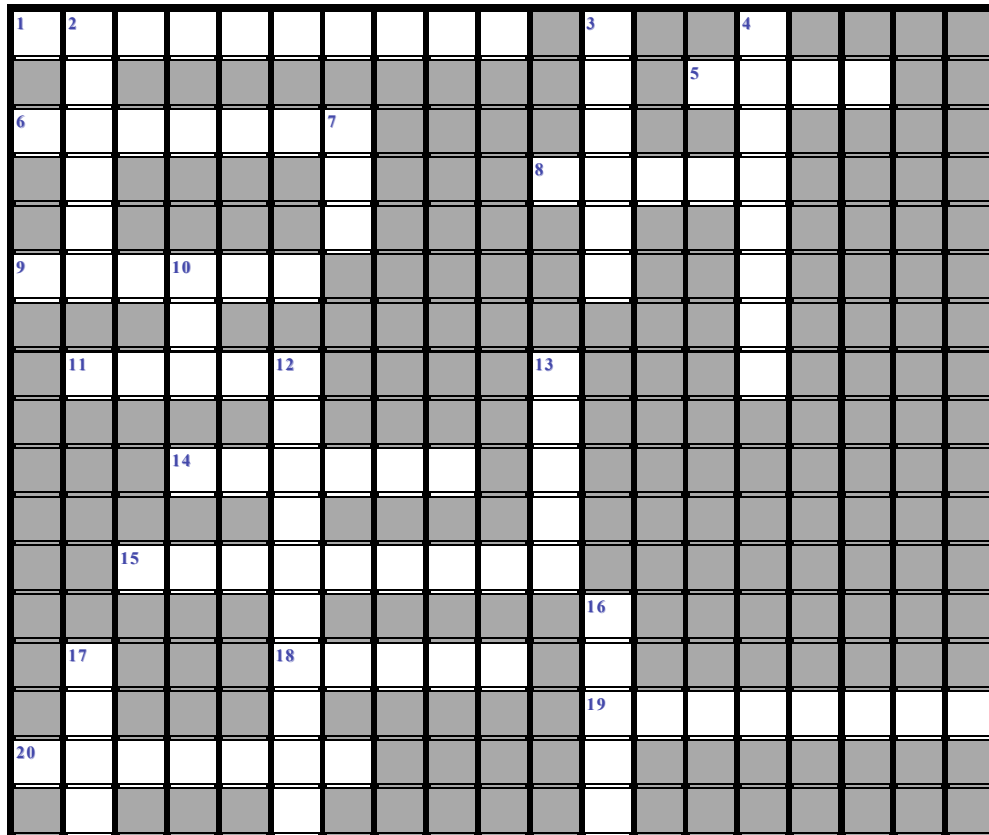
A farewell to Karol Martinez

--This semester, UMDCKI grew in many ways, but a lot of our success would not have been possible without our outstanding staff advisors, Karol Martinez and Jen Bonet.

Jen, who has been with us since the beginning of the academic year, will continue as our staff advisor next year, but Karol – who is graduating this spring – will no longer be with us.

Throughout the semester, Karol has helped maintain the club website, consistently given us advice on how to diversify our service projects, and most importantly, showed us how to become better leaders and communicators. We wish her the best of luck in all her future endeavors and look forward to another wonderful year with Jen.

UMDCKI-May Crossword Puzzle



ACROSS

1. A tiny town in Virginia's woods where FTR was held in October 2006. Generals Ulysses S. Grant and Robert E. Lee also signed a treaty here to end the Civil War.
5. Formerly known as STR, Spring Training Rally now goes by the acronym _____, which stands for Spring Officer Training Conference.
6. Last name of the club's newly elected treasurer.
8. First name of our club's other wonderful staff advisor, whose last name rhymes with 'Monet'.
9. Last name of club's newly elected secretary.
11. The club's wonderful staff advisor who is graduating this year.
14. First name of last year's club president.
15. The last word of the Circle K pledge.
18. Executive board meetings are held in this building's front lobby.
19. Last name of the club's ultra-chic historian and photographer.
20. Name of adult K-family organization that works closely with CKI.

DOWN

2. This CKI oath also known as a _____ is recited at the beginning of each general body meeting.
3. Floor on which UMDCKI general body meetings are held in HJP building.
4. City in which this year's CKI International Convention will be held.
7. University organization in charge of reviewing club budgets.
10. The club is short on this mode of transportation which results in many metro and bus rides to get to service events.
12. Our staff advisors recently coordinated a workshop geared toward _____ and communication.
13. _____ exams are coming up. Good luck!
16. She's the club's super cool vice president elect, and her nickname is _____.
17. This meteorological event cut this year's 'Relay for Life' short.